

Two's News March 2017

There is no school on Friday, March 10th due to teacher training.

It's hard to believe it's almost spring. Time has passed quickly and the children are doing great! They are sitting and listening, following directions when we use our rhythm sticks, singing our prayer, staying at the table with their snacks and playing well together. I love this time of year because friendships are forming and we are starting to see progress. I am proud of them and you!

It's easy to go a little stir-crazy during long winter days. Sometimes we start to see unwanted behaviors from our kids. Some of you have asked how to handle this, how long it will last and/or if it is normal. It is normal. As your children develop and grow, their behaviors will change. They will always keep you on your toes.

Here are a few strategies I have found helpful when dealing with young children:

1. Be kind
2. Be consistent
3. Model and encourage the behaviors you want to see
4. Choose your battles
5. Set boundaries and limitations
6. Enforce those boundaries and limitations
7. Keep directions clear, short and simple
8. Don't take it personally when your child makes mistakes
9. Expect mistakes and use them as an opportunity for you both to learn

I have attached an article that explains further some tactics you can try and why it's important to start disciplining now. Discipline is **NOT PUNISHMENT**. It is not hitting or shaming your child. It is guiding your child with a loving "no" when necessary. It is modeling the behaviors you want to see and encouraging the great behaviors you are already seeing. It is setting them up for success. You are all doing such a great job. I apologize for not having time to discuss this one on one during class but please let me know if you have any questions after class. I hope this helps!

I love how much you care about your kids. They are truly blessed.

Mrs. Klepec